



**SPRING
PARENT
MEETING**

2009/2010

SPRING PARENT/ATHLETE MEETING 2010

BRYON HOUY – AD

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PURPOSE OF MEETING

- COMMUNICATION
- ELIGIBILITY INFORMATION
- CODE OF CONDUCT
- GET ATHLETES READY FOR SPRING PRACTICES

REQUIRED PROCEDURES

- PHYSICAL
 - Has to be by a licensed medical doctor
 - Good for one calendar year
 - Freshman physical will count, but a sports physical will NOT count towards a freshmen physical
 - All athletes and parents must sign the IHSA steroid testing policy

REQUIRED PROCEDURES

- **RELEASE FORM**

- Signed by parents and athletes
- This form states that you have read and understand the following:

Athletic Code of Conduct, Drug Testing Policy, and the Academic Requirements

- **It also gives us:**

Medical Information, Emergency Release Signature, Picture Use Consent, Proof of Insurance, Athlete Agreement & Parent Permit

REQUIRED PROCEDURES

- **ATHLETIC FEE**

1ST SPORT - \$100.00

2ND SPORT - \$75.00

3RD SPORT – FREE

To make it easier, you can pay with a credit card on-line at www.district100.com.

- This fee must be paid prior to trying out for a sport.
- If you don't make the team you can receive a refund by **REQUESTING IT FROM THE ATHLETIC OFFICE**
- Refunds will NOT be given after the first contest of your son/daughters specific sport has taken place

NEW THIS YEAR

- When applying for a reduction in fees –
 1. Fill out Waiver of Fees Application.
 2. Take the form to Central Office WITH proof of income.
 3. Central Office will give us the list of those who qualify for reduced fees.
 4. Those who qualify for reduced fees will pay half of the regular fee. For those who have their fees waived, there will be no payment due.

ACADEMIC ELIGIBILITY

- Pass 5 courses during FALL semester
- Must have a 2.0 G.P.A.
- Weekly eligibility checks – Turned in on Thursday
- Must be passing 5 classes on a weekly basis
- If a student is enrolled in 7 classes... (a study hall does NOT count as a class) and they are failing 1 or 2 classes, they will remain eligible while attending tutorials
- 2 tutorials per failing class, per week (we recommend seeing the teacher of that class the student is failing)
- If a student is failing 3 or more classes, the athlete is ineligible to participate and must attend 5 tutorials
- It is the athlete's responsibility to provide documentation of tutorial attendance

EXPLANATION OF TUTORIALS

SUN	MON	TUES	WED	THUR ELIGIBILITY TURNED IN	FRI	SAT
	STUDENT MUST TUTOR TWICE					
	IF NOT, STUDENT IS INELIGIBLE					

NEW THIS YEAR

- CHANGE IN TEACHERS CONTRACT
- Teachers will be able to leave at 3:00 on Friday's so they will not be accessible for tutorials
- MAKE SURE YOU DON'T WAIT UNTIL FRIDAY AFTERNOON TO FINISH YOUR TUTORIALS

TUTORIALS

- CAN ONLY BE DONE BEFORE OR AFTER SCHOOL
- BY CONTRACT, TEACHERS DO NOT HAVE TO ASSIST STUDENTS DURING STUDY HALLS OR DURING LUNCH

ATTENDANCE POLICY

- CHECKED ON A DAILY BASIS
- ATTENDANCE – Must be in attendance 4 periods or the student can't participate in practice or contests (unless previously arranged)

ATHLETIC CODE OF CONDUCT

- CODE IS IN EFFECT 24 HOURS A DAY,
365 DAYS A YEAR

TRAINING RULES

THE ATHLETE SHALL NOT.....

- Violate the districts policies or procedures on student discipline
- Use a beverage containing alcohol
- Use tobacco in any form
- Use, possess, buy, sell, barter, or distribute any illegal substance or paraphernalia
- Use, possess, buy, sell, barter, or distribute any object that is or could be considered a weapon or any item that is a “look-alike” weapon
- Act in an unsportsmanlike manner
- Vandalize or steal
- Violating team rules
- Attend a party or other gathering and/or ride in a vehicle where controlled substances are being consumed
- Haze other students
- Behave in a manner that is detrimental to the good or the group of school
- Be insubordinate or disrespectful toward the activity’s sponsors or teams coaching staff
- Falsify any information contained on any permit or permission form required by the activity or sport
- Do anything that would embarrass the school

SANCTIONS FOR POSSESSION/CONSUMPTION OF ALCOHOL OR OTHER DRUGS

- 1ST VIOLATION – 50% of the season, assessment and counseling if necessary

If present – 10%

- 2ND VIOLATION – One calendar year from date of violation, assessment and counseling if necessary

If present – 20%

- 3RD VIOLATION – Remainder of high school career
If present – one calendar year from date of violation

MAKE GOOD CHOICES!!!

NEW THIS YEAR

- Out of School Suspensions
- 1-3 day OSS – 10 percent of the total number of games
- 4 or more day OSS – A minimum suspension of 20 percent of the total number of games

CODE OF CONDUCT - MISCELLANEOUS

- IF A STUDENT VIOLATES THE CODE OF CONDUCT DRUG POLICY, THEY ARE SUBJECT TO MONTHLY DRUG TESTING
- IF A STUDENT IS REMOVED FROM A TEAM DUE TO A CODE OF CONDUCT VIOLATION, THAT STUDENT SHALL FORFEIT HIS/HER ATHLETIC FEE

HOSTING OF PARTIES WHEREIN THERE IS POSSESSION OR USE OF ALCOHOL, TOBACCO, OR CONTROLLED SUBSTANCES

- The hosting of illegal parties will result in exclusion of the athlete hosting the party from participation in all extra-curriculars for one calendar year from the date of violation. **The parents of the student/athlete hosting the party will be banned from attending extracurricular activities for one calendar year**

SANCTIONS FOR THEFT, VANDALISM, OR DESTRUCTION OF PROPERTY

- 1ST VIOLATION – Athlete will be suspended for 20% of the season

If present – 10%

- 2nd VIOLATION – Athlete will be suspended for 50% of the season

If present – 20%

- 3rd VIOLATION – Athlete will be suspended for one calendar year from date of violation

If present – one calendar year from date of violation

MAKE GOOD CHOICES!!!

SANCTIONS OTHER THAN FOR POSSESSION OR CONSUMPTION OF ALCOHOL AND OTHER DRUGS

- Sanctions for violations other than drug and alcohol will be based upon on the nature of the offense and the number of offenses, and may include suspension from all activities or sports

SANCTIONS ARE CUMULATIVE

- **SANCTIONS ARE CUMULATIVE, WHICH MEANS THEY ARE NOT YEAR TO YEAR.**
- **THEY ARE CUMULATIVE THROUGHOUT THE STUDENT/ATHLETES HIGH SCHOOL CAREER**

DUE PROCESS

- Student and parent notified
- Student shall be entitled to a hearing before the building principal or a designee
- The student can respond to any charges leveled against him or her
- The student may provide any information or evidence that they wish
- The building principal will do an investigation into the charges
- After the investigation, if the principal finds evidence that the violation occurred, they will impose sanctions against the student

DRUG TESTING POLICY

- The purpose of drug testing is to protect the health and safety of our athletes and the teams
- We are not out to catch anybody
- Hopefully, it will serve as a deterrent
- Provides a reason to not give into peer pressure and just say NO

PROCEDURES FOR DRUG TESTING

- All athletes are entered into a pool
- We receive a fax from the drug testing company before testing with each athletes name that will be tested. We have no say in who is tested
- We use a 10 panel drug screen which includes NICOTINE
- Tests are taken during the school day
- The results are private and confidential
- Once you are chosen, you may NOT self-report

DRUG TESTING TIME FRAME

- In the event that a student that is selected to be drug tested doesn't produce a sample in 2.5 hours, it will be considered a refusal and the appropriate discipline will be administered

CONSEQUENCES

- Positive test, refusal or tampering in any way is a code violation
- At the students expense, the student must attend substance abuse assessment within two business days and enroll in the recommended counseling prior to being eligible for events or activities, and the student must successfully complete the counseling in a timely fashion or be subject to an additional suspension at the discretion of the building principal

ADDITIONAL CONSEQUENCES

- Remember that when you make a poor choice, you not only hurt yourself, you hurt your team, your coach and the entire school
- **MAKE GOOD CHOICES!!**

RE-TESTING

- The student athlete will have an opportunity within 24 hours of the notification of the initial positive test results to have **THE SAME SPECIMEN** tested in a laboratory of the family's choice and at their expense
- During this retesting, the student shall remain subject to the original penalty

SELF REPORTING

- Students are allowed to self report ONE TIME (REFER TO DRUG TESTING PROCEDURE)
- Students that self report will.....
- Submit to a drug assessment
- Attend counseling, if necessary
- Be drug tested on a monthly basis
- THERE IS NO ATHLETIC SUSPENSION FOR SELF REPORTING

SPORTSMANSHIP

- If a student is removed from a contest:
 - Coach will inform me what happened
 - IHSA suspension from contests
 - BHS suspension from contests
 - Athletes may practice during an athletic, or academic suspension, but not participate in contests

TRANSPORTATION

- All athletes are expected to ride bus to and from sporting events
- If not, the student must bring a signed district approved form from the parents to Sandy or I beforehand and we will sign the form, make a copy, and allow you to ride with your parents
- The new form is found on www.district100.com under parent resources
- We will not allow students to ride with friends, neighbors, or other relatives – parents only
- Parents PLEASE do not let the students drive, parents must drive
- Please do not put the coach in an awkward situation, because the coaches will say no

UNIFORMS

- All athletes are responsible for the care and security of equipment & uniforms issued to them.
- Uniforms are to be worn only for contests, practice (when necessary) and coaches discretion
- Any and all equipment & uniforms not returned in good condition will be subject to financial penalty

GOLD CARDS

- Keep them through the whole season
- Allows athletes to get in free to games
- Coach will sign after the season so the athlete can participate in the next season
- \$3.00 charge for a new card

PARTNERSHIPS

- **NIKE**
- **APPLEBEES**
- **TGI FRIDAYS**
- **QUIZNOS**
- **BOONECOUNTYSPORTS.COM**
- **BELVIDERE SPINE & POSTURE CLINIC – 547-6333**
- **JEANETTE GARZA – MASSAGE THERAPY – 703-4648**
- **DR. SCOTT TRENHAILE – ROCKFORD ORTHOPEDICS – 398-9491**
- **ACCELERATED REHABILITATION CENTERS – ATHLETIC TRAINER – LIZ COOK**

BOOSTER CLUB

- Please join and support the Buc Booster Club
- The Buc Booster Club is valuable to the Belvidere Athletic Programs
- Booster Club President - Pam Barr

ACKNOWLEDGEMENT FORM

I have read and understand the District 100 Code of Conduct, Drug Testing Procedures and expectations of a Belvidere Buc athlete and parent.

Student

Date

Parent

Date